

# Patient/Family Education

## Preparing for Surgery

Your son or daughter has been scheduled for a surgical procedure with one of our doctors. In order for this surgery to go smoothly, we would like to inform you of a few important items.

First, your child will need to get a pre-operative history and physical done by your pediatrician or family doctor. This should be done within 72 hours of surgery. We want to make sure your child is free of infections and physically healthy to undergo the procedure.

Someone from the hospital will be calling you the day or evening before surgery to clarify the eating guidelines and what time you need to come to the hospital. If you are from out of town and arriving the day before surgery, please call the hospital where your child is scheduled (see numbers below) and give them a phone number where you can be reached.

Children's – Mpls.  
612-813-6734

Children's – St. Paul  
651-220-6236

Children's – West (before 5PM)  
612-930-8600

St. Cloud Surgery Center  
320-251-8385

Unity Medical Center  
612-780-6702

Please remember to carefully read the NPO (nothing by mouth) guidelines that you will receive. It is very important that your child have nothing to eat or drink before receiving anesthesia. If there is anything in the stomach, there is a chance your child could vomit and aspirate into the lungs. Surgery will be canceled if the NPO guidelines are not followed.

Please feel free to call us if you have any questions or concerns at 612-813-8000 or 1-800-992-6983.

***Pediatric Surgical Associates, Ltd.***

